

	HELP Committee Sen.	X Account	Party - State	Free Fax to Senators	Email	Phone	WWW
1	Bill Cassidy, M.D.	@SenBillCassidy	Republican - LA	faxzero.com/fax_senate/C001075		202-224-5824	www.cassidy.senate.gov
2	Rand Paul	@SenRandPaul	Republican - KY	n/a		202-224-4343	www.paul.senate.gov
3	Susan Collins	@SenatorCollins	Republican - ME	faxzero.com/fax_senate/C001035		202-224-2523	www.collins.senate.gov
4	Lisa Murkowski	@lisamurkowski	Republican - AK	faxzero.com/fax_senate/M001153		202-224-6665	www.murkowski.senate.gov
5	Markwayne Mullin	@SenMullin	Republican - OK	n/a		202-224-4721	www.mullin.senate.gov
6	Roger Marshall, M.D.	@RogerMarshallMD	Republican - KS	n/a		202-224-4774	www.marshall.senate.gov
7	Tim Scott	@SenatorTimScott	Republican - SC	faxzero.com/fax_senate/S001184		202-224-6121	www.scott.senate.gov
8	Josh Hawley	@SenHawleyPress	Republican - MO	faxzero.com/fax_senate/H001089		202-224-6154	www.hawley.senate.gov
9	Tommy Tuberville	@SenTuberville	Republican - AL	n/a		202-224-4124	www.tuberville.senate.gov
10	Jim Banks	@SenatorBanks	Republican - IN	n/a		202-224-4814	www.banks.senate.gov
11	Jon Husted	@SenJonHusted	Republican - OH	n/a		202-224-3353	www.husted.senate.gov
12	Ashley Moody	@SenAshleyMoody	Republican - FL	n/a		202-224-3041	www.moody.senate.gov
13	Bernie Sanders	@SenSanders	Independent - VT	faxzero.com/fax_senate/S000033		202-224-5141	www.sanders.senate.gov
14	Patty Murray	@PattyMurray	Democrat - WA	faxzero.com/fax_senate/M001111		202-224-2621	www.murray.senate.gov
15	Tammy Baldwin	@SenatorBaldwin	Democrat - WI	faxzero.com/fax_senate/B001230		202-224-5653	www.baldwin.senate.gov
16	Christopher Murphy	n/a	Democrat - CT	faxzero.com/fax_senate/M001169		202-224-4041	www.murphy.senate.gov
17	Tim Kaine	n/a	Democrat - VA	faxzero.com/fax_senate/K000384		202-224-4024	www.kaine.senate.gov
18	Maggie Hassan	@SenatorHassan	Democrat - NH	faxzero.com/fax_senate/H001076		202-224-3324	www.hassan.senate.gov
19	John Hickenlooper	@SenatorHick	Democrat - CO	n/a		202-224-5941	www.hickenlooper.senate.gov
20	Ed Markey	@SenMarkey	Democrat - MA	faxzero.com/fax_senate/M000133		202-224-2742	www.markey.senate.gov
21	Andy Kim	@SenatorAndyKim	Democrat - NJ	n/a		202-224-4744	www.kim.senate.gov
22	Lisa Blunt Rochester	@SenatorLBR	Democrat - DE	n/a		202-224-2441	www.bluntrochester.senate.gov
23	Angela Alsobrooks	@Sen_Alsobrooks	Democrat - MD	n/a		202-224-4524	www.alsobrooks.senate.gov

	HELP Committee Sen.	Facebook	Youtube	Instagram
1	Bill Cassidy, M.D.	www.facebook.com/SenBillCassidy	www.youtube.com/@SenatorBillCassidy	www.instagram.com/senbillcassidy
2	Rand Paul	www.facebook.com/SenatorRandPaul		
3	Susan Collins	www.facebook.com/susancollins		
4	Lisa Murkowski	www.facebook.com/SenLisaMurkowski	www.youtube.com/senatormurkowski	
5	Markwayne Mullin	www.facebook.com/SenMullin	www.youtube.com/@SenMullin	www.instagram.com/senmullin
6	Roger Marshall, M.D.	www.facebook.com/RogerMarshallMD	www.youtube.com/@senatormarshall1834	
7	Tim Scott	www.facebook.com/SenatorTimScott	www.youtube.com/SenatorTimScott	www.instagram.com/SenatorTimScott
8	Josh Hawley	www.facebook.com/SenatorHawley	www.youtube.com/@SenatorJoshHawley	www.instagram.com/senatorhawley
9	Tommy Tuberville	www.facebook.com/SenatorTuberville	www.youtube.com/c/SenTuberville	www.instagram.com/sentuberville
10	Jim Banks	www.facebook.com/SenatorJimBanks	www.youtube.com/@SenatorJimBanks	www.instagram.com/senjimbanks
11	Jon Husted	www.facebook.com/SenJonHusted	http://www.youtube.com/@SenJonHusted	www.instagram.com/senjonhusted
12	Ashley Moody			
13	Bernie Sanders	www.facebook.com/senatorsanders	www.youtube.com/senatorsanders	
14	Patty Murray	www.facebook.com/senatorpattymurray	www.youtube.com/@pattymurray	www.instagram.com/senpattymurray
15	Tammy Baldwin	www.facebook.com/senatortammybaldwin	www.youtube.com/@SenatorTammyBaldwin	www.instagram.com/senatorbaldwin
16	Christopher Murphy	www.facebook.com/senchrismurphy/	www.youtube.com/@SenatorChrisMurphy	www.instagram.com/senchrismurphy
17	Tim Kaine			
18	Maggie Hassan	www.facebook.com/SenatorHassan		www.instagram.com/senatorhassan
19	John Hickenlooper	www.facebook.com/SenatorHick	www.youtube.com/@senatorhick	www.instagram.com/senatorhick
20	Ed Markey	www.facebook.com/EdJMarkey	www.youtube.com/repmarkey	www.instagram.com/senmarkeymemes
21	Andy Kim	facebook.com/SenatorAndyKim		www.instagram.com/SenatorAndyKim
22	Lisa Blunt Rochester	www.facebook.com/SenLBR		www.instagram.com/senlbr
23	Angela Alsobrooks	www.facebook.com/SenatorAlsobrooks		www.instagram.com/sen_alsobrooks

	HELP Committee Sen.		Suite	Building		Re-election	Year
1	Bill Cassidy, M.D.	US Senate	455	Dirksen Building	Washington DC 20510	2026	
2	Rand Paul	US Senate	295	Russell Building	Washington DC 20511	2026	
3	Susan Collins	US Senate	413	Dirksen Building	Washington DC 20512	2026	
4	Lisa Murkowski	US Senate	522	Hart Building	Washington DC 20513	2026	
5	Markwayne Mullin	US Senate	330	Hart Building	Washington DC 20514	2026	
6	Roger Marshall, M.D.	US Senate	479A	Russell Building	Washington DC 20515	2026	
7	Tim Scott	US Senate	104	Hart Building	Washington DC 20516	2026	
8	Josh Hawley	US Senate	381	Russell Building	Washington DC 20517		2028
9	Tommy Tuberville	US Senate	455	Russell Building	Washington DC 20518	2026	
10	Jim Banks	US Senate	303	Hart Building	Washington DC 20519		2028
11	Jon Husted	US Senate	304	Russell Building	Washington DC 20520		2028
12	Ashley Moody	US Senate	387	Russell Building	Washington DC 20521		2028
13	Bernie Sanders	US Senate	332	Dirksen Building	Washington DC 20523		2028
14	Patty Murray	US Senate	154	Russell Building	Washington DC 20524		2028
15	Tammy Baldwin	US Senate	141	Hart Building	Washington DC 20525		2028
16	Christopher Murphy	US Senate	136	Hart Building	Washington DC 20526		2028
17	Tim Kaine	US Senate	231	Russell Building	Washington DC 20527	2026	
18	Maggie Hassan	US Senate	324	Hart Building	Washington DC 20528	2026	
19	John Hickenlooper	US Senate	316	Hart Building	Washington DC 20529	2026	
20	Ed Markey	US Senate	255	Dirksen Building	Washington DC 20530	2026	
21	Andy Kim	US Senate	520	Hart Building	Washington DC 20531	2026	
22	Lisa Blunt Rochester	US Senate	513	Hart Building	Washington DC 20532	2026	
23	Angela Alsobrooks	US Senate	374	Russell Building	Washington DC 20533		2028